Carrying the Message Online and More

Presented By WSZF H&I and PR

Introduction to our workshop members:

Tom K. -New Mexico

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What to consider for online H&I meetings:

- Getting started
- Technical issues – working with IT
- Security changes but still important
- Volunteer recruitment
- Literature delivery
- Reentry programs – a separate challenge
- Prison tablet and e-literature
- Next possibilities

Getting Started

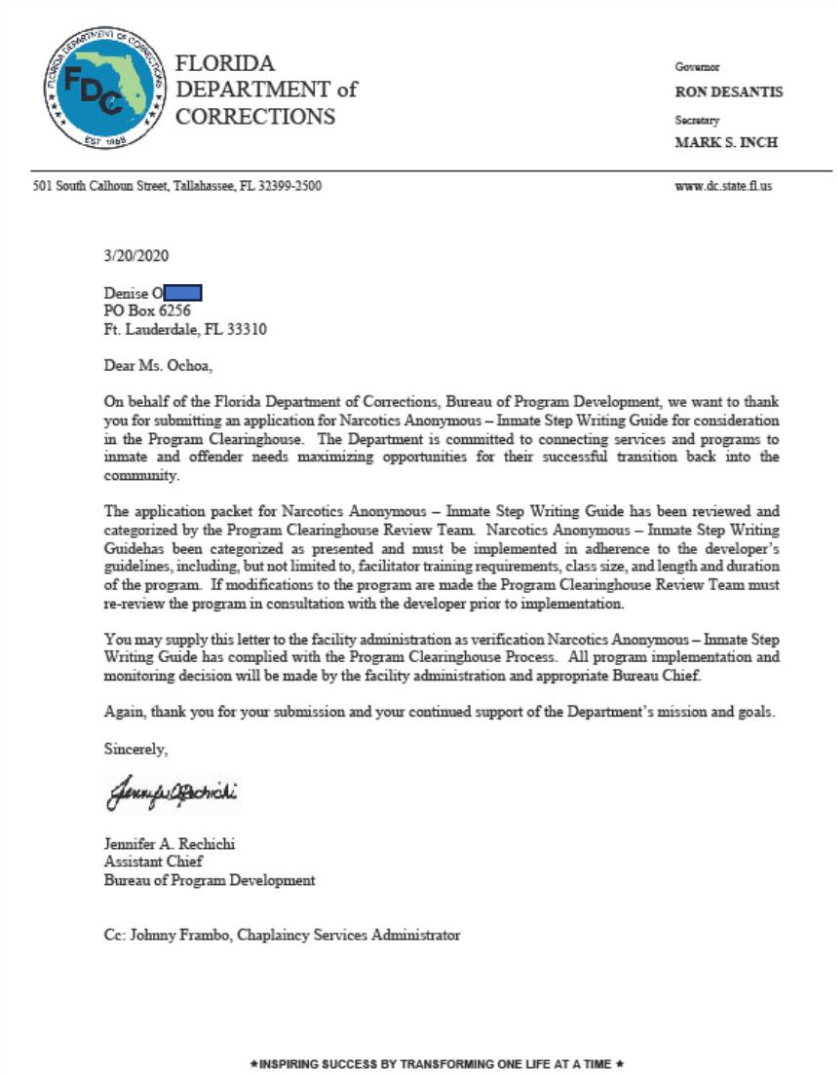
- Develop an inside champion – Chaplain or Volunteer Coordinator
  - Goal is to make a presentation to the correct decision maker to make it happen
- Get permission from the decision maker: Warden or State Director of Prisons
- Have a meeting that hopefully includes:
  - Warden
  - Information Technology (IT) dept head
  - Head of Security
  - Watch Commander for the time of the meeting
  - Chaplain or Volunteer Coordinator

Approval from the Governor's Office for H&I

Go BIG

After the Warden, go to the State Director of Prisons, then the Governor

It can be done!



FLORIDA DEPARTMENT of CORRECTIONS

Governor
RON DESANTIS
Secretary
MARK S. INCH

501 South Calhoun Street, Tallahassee, FL 32399-2500 www.dc.state.fl.us

3/20/2020

Denise O[redacted]
PO Box 6256
Ft. Lauderdale, FL 33310

Dear Ms. Ochoa,

On behalf of the Florida Department of Corrections, Bureau of Program Development, we want to thank you for submitting an application for Narcotics Anonymous – Inmate Step Writing Guide for consideration in the Program Clearinghouse. The Department is committed to connecting services and programs to inmate and offender needs maximizing opportunities for their successful transition back into the community.

The application packet for Narcotics Anonymous – Inmate Step Writing Guide has been reviewed and categorized by the Program Clearinghouse Review Team. Narcotics Anonymous – Inmate Step Writing Guidehas been categorized as presented and must be implemented in adherence to the developer's guidelines, including, but not limited to, facilitator training requirements, class size, and length and duration of the program. If modifications to the program are made the Program Clearinghouse Review Team must re-review the program in consultation with the developer prior to implementation.

You may supply this letter to the facility administration as verification Narcotics Anonymous – Inmate Step Writing Guide has complied with the Program Clearinghouse Process. All program implementation and monitoring decision will be made by the facility administration and appropriate Bureau Chief.

Again, thank you for your submission and your continued support of the Department's mission and goals.

Sincerely,

Jennifer A. Rechichi
Assistant Chief
Bureau of Program Development

Cc: Johnny Frambo, Chaplaincy Services Administrator

★INSPIRING SUCCESS BY TRANSFORMING ONE LIFE AT A TIME ★

Focused Pamphlets for the Public or the Warden

Membership Survey: Contains the results of a biennial survey of 28,495 NA members.

Information about NA: Includes facts about the history of NA, organizational philosophy, and membership demographics.

NA: A Resource in Your Community: This pamphlet provides information about local NA services that may be available such as public service announcements, phonelines, literature sales, and NA presentations for health fairs, schools and professional conferences.

Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment: This pamphlet is intended for professionals who prescribe medication to treat drug addiction. The service pamphlet *NA Groups and Medication* listed in the pamphlet contains a broader discussion of NA members and other medications.

NA is Culturally Adaptable

NA meetings in almost 100 different languages around the world, NA literature published in 57

Regions Around the World

72,215 Weekly Meetings* Worldwide

Data is based on regional/zonal reports to WSC 2023 and NAWS database when available. Map not intended to be geographically accurate.

*Meeting numbers include both in-person and virtual meetings. Virtual meeting numbers were drawn only from regional reports and many may be missing.

1-25 Meetings | 25-99 Meetings | 100-199 Meetings | 200-299 Meetings | 300-399 Meetings | 400-499 Meetings | 500-599 Meetings | 600-699 Meetings | 700-799 Meetings | 800-899 Meetings | 900-999 Meetings | 1,000-1,999 Meetings | 2,000-2,999 Meetings | 3,000-3,999 Meetings | 4,000-4,999 Meetings | 5,000-9,999 Meetings | 10,000-14,999 Meetings | 15,000-19,999 Meetings | 20,000-24,999 Meetings

USA–23,511 Meetings

*Non WSC Participant		Meetings
1	ABCD	160
2	Alabama/NW Florida	331
3	Alaska	93
4	Arizona	365
5	Arkansas	282
6	Bast Little	129
7	Bluegrass Appalachian*	275
8	Buckeye	160
9	California Inland	158
10	California Mid-State	286
11	Carolina	679
12	Central Atlantic	472
13	Central California	250
14	Chesapeake & Potomac	356
15	Chicagoland	527
16	Colorado	292
17	Connecticut	238
18	Eastern New York	196
19	Florida	1,053
20	Free State	570
21	Georgia	569
22	Greater Illinois	183
23	Greater New York	552
24	Greater Philadelphia	451
25	Hawaii	139
26	Indiana	370
27	Iowa	280
28	Kentuckiana	147
29	Lone Star	724
30	Louisiana	279
31	Metro Detroit	312
32	Michigan	344
33	Mid-America	313
34	Mid-Atlantic	313
35	Minnesota	315
36	Mississippi	118
37	Montana	121
38	Mountainsoor	140
39	Nebraska	154
40	New England	415
41	New Jersey	377
42	North Carolina	427
43	Northern California	1,174
44	Northern New England	146
45	Northern New Jersey	244
46	Northern New York	149
47	Ohio	462
48	OK Region	293
49	Pacific Cascade	463
50	Red River*	42
51	Region 51	293
52	Rio Grande	199
53	San Diego/Imperial	361
54	Show-Me	809
55	Sierra Sage	108
56	South Dakota	57
57	South Florida	650
58	Southern California	974
59	Southern Idaho	103
60	Tejas Bluebonnet	466
61	Tri-State	545
62	Upper Midwest	76
63	Upper Rocky Mountain	114
64	Utah	87
65	Volunteer	432
66	Washington/North Idaho	880
67	Western New York	143
68	Wisconsin	326

Canada–1,346 Meetings

*Non WSC Participant		Meetings
CN1	Al-Sask	184
CN2	British Columbia	347
CN3	Canada Atlantic	71
CN4	Ontario	440
CN5	Quebec	304
CN6	Yukon Territories*	4

Central America/ Mexico–3,084 Meetings

*Non WSC Participant		Meetings
CA1	Antigua and Barbuda*	3
CA2	Aruba*	23
CA3	Baja Sen	1,190
CA4	Barbados*	8
CA5	Belize*	2
CA6	Cayman Islands*	5
CA7	Costa Rica	273
CA8	Cuba*	15
CA9	El Salvador	70
CA10	Grenada*	2
CA11	Guatemala	103
CA12	Honduras*	34
CA13	Jamaica*	27
CA14	Martiniqeo*	2
CA15	Mexico	534
CA16	Nicaragua	119
CA17	Occidente-Mexico	412
CA18	Panama	71
CA19	Quisquaysna	100
CA20	Region del Cogui	62
CA21	Saint Lucia*	5
CA22	Saint Vincent and the Grenadines*	2
CA23	Trinidad and Tobago*	18
CA24	Virgin Islands*	4

South America–7,719 Meetings

*Non WSC Participant		Meetings
SA1	Argentina	790
SA2	Bolivia*	12
SA3	Brazil	626
SA4	Brazil Central	211
SA5	Brazil Sul	381
SA6	Chile	215
SA7	Colombia	623
SA8	Ecuador	700
SA9	Grande Sao Paulo	916
SA10	Guyana*	3
SA11	HOW Brazil	614
SA12	Minas	309
SA13	Nordeste Brazil	251
SA14	Paraguay*	35
SA15	Peru	183
SA16	Region 10 Brazil*	279
SA17	Rio de Janeiro	970
SA18	Rio Grande do Sul	238
SA19	Uruguay	238
SA20	Venezuela	125

Western Europe–4,487 Meetings

*Non WSC Participant		Meetings
E1	Belgium*	26
E2	Cyprus*	6
E3	Denmark	149
E4	Finland	217
E5	France	220
E6	German Speaking	416
E7	Greece	124
E8	Greenland*	1
E9	Iceland*	8
E10	Ireland	330
E11	Italy	200
E12	Luxembourg*	2
E13	Malta*	11
E14	Netherlands	272
E15	Norway	107
E16	Portugal	183
E17	Spain	353
E18	Sweden	420
E19	Switzerland*	100
E20	UK Region	1,342

Africa–340 Meetings

*Non WSC Participant		Meetings
A1	Angola*	2
A2	Botswana*	2
A3	Cape Verde Islands*	10
A4	Congo*	2
A5	Eswatini (Swaziland)*	1
A6	Ethiopia*	4
A7	Gambia, The*	1
A8	Ghana*	13
A9	Kenya*	14
A10	Liberia*	3
A11	Malawi*	1
A12	Morocco*	4
A13	Mozambique*	2
A14	Namibia*	3
A15	Nigeria*	3
A16	Rwanda*	1
A17	South Africa	211
A18	Tanzania*	28
A19	Uganda*	2
A20	Zambia*	3
A21	Zanzibar*	27
A22	Zimbabwe*	3

Middle East–24,577 Meetings

*Non WSC Participant		Meetings
ME1	Afghanistan*	102
ME2	Bahrain*	18
ME3	Egypt	204
ME4	Iran	21,861
ME5	Iran Region No.1	1,873
ME6	Iraq*	2
ME7	Israel	364
ME8	Jordan*	2
ME9	Kuwait*	34
ME10	Lebanon*	4
ME11	Oman*	18
ME12	Qatar*	7
ME13	Saudi Arabia*	52
ME14	Sudan*	6
ME15	Tajikistan*	1
ME16	United Arab Emirates*	41

Eastern Europe/ Russia–4,769 Meetings

*Non WSC Participant		Meetings
EE1	Adriatic*	25
EE2	Big Moscow*	955
EE3	Blacklands (Russia)*	101
EE4	Bulgaria*	12
EE5	Czech-Slovak*	15
EE6	Estonia*	22
EE7	Far East (Russia)*	62
EE8	Hungary*	65
EE9	Latvia*	25
EE10	Lithuania	37
EE11	Moldova*	15
EE12	Nevskiy (Russia)*	185
EE13	North-West Russia	272
EE14	Poland	230
EE15	Povolzhyo (Russia)*	526
EE16	Romania*	4
EE17	Sibera*	330
EE18	Transit*	137
EE19	Turkey*	57
EE20	Ukraine	358
EE21	Ural & West Siberia*	408
EE22	Western Russia	928

Asia Pacific–2,382 Meetings

*Non WSC Participant		Meetings
AP1	Aotearoa New Zealand	205
AP2	Australia	695
AP3	Bangladesh*	16
AP4	Bhutan*	5
AP5	Cambodia*	1
AP6	China*	2
AP7	French Polynesia*	1
AP8	Guam*	10
AP9	Hong Kong*	10
AP10	Indonesia*	34
AP11	Japan	627
AP12	Laos*	1
AP13	Malaysia*	9
AP14	Maldives*	2
AP15	Mongolia*	3
AP16	Myanmar*	1
AP17	Nepal	113
AP18	MERF	75
AP19	Northern Marianas Islands*	9
AP20	Pakistan North*	16
AP21	Pakistan South*	6
AP22	Philippines	113
AP23	Singapore*	11
AP24	SOSONA	325
AP25	South Korea*	11
AP26	Thailand	78
AP27	Vietnam*	3

Technology

- Access:
  - Wi-Fi
  - Internet
  - Telephone
- Applications:
  - Zoom (preferred)
  - Google Meet, WebEx, GoToMeeting, etc.
  - Custom or older Apps
  - The facility selects the app, NA adapts

Technology

If Wi-Fi exists and is sufficient

- A cart that has:
  - Laptop with Wi-Fi capability
  - Projector to show meeting against the wall or screen so all inmates can see
  - Speakers
  - Necessary cables and extension cord

If inmates are allowed to speak, they can come up one at a time to the laptop microphone.

Technology

- If no Wi-Fi exists
  - An internet connection that may be in a dedicated room such as education or visitation room
  - Laptop or desktop with internet connection
  - Projector to show meeting against the wall or a screen so inmates can all see
  - Speakers
  - Microphone
  - Necessary cables

  If inmates are allowed to speak, they can come up one at a time to the microphone or podium

Technology

- If no Wi-Fi and no internet exists
  - Telephone meetings
- If no Telephone
  - Speaker CDs on a CD player
  - NA recovery material on CD/DVD
- There is always the US Postal Mail
  Steps Behind the Walls

Security

- Make as few changes as possible! Everyone is watching and any security issues will have a bad effect on NA as a whole.
- Use only the NA volunteers that were already cleared or use the standard volunteer clearance procedures.
  Anything else, get it in writing.
- Some facilities may have fewer restrictions but not many. Again – Get it in writing.
- Prisons and jails may require a picture of the cleared volunteers or the volunteer may be required to hold up a badge or drivers license to start the meeting.
- Inmates needing to be anonymous can turn off their video.

Security

- The security people are concerned with unauthorized people passing messages.
  - Gang related messages.
  - Information used to smuggle contraband.
- The panel meetings should be encrypted and password protected.
- The ID of the meeting and password should be carefully handled.
  Email or text only to the people cleared for that meeting and authorized staff at the facility.

Literature and NA Materials

- NA literature should still be donated to the facility either by dropping off at the site or using the postal service to mail materials.
    - This should be done regardless of the state of online meetings.
- If the staff is OK with it, ask them to pass some out during the panel meeting.
- After checking with the staff that it is available, refer to the NA material in the facility library at the end of the meeting.
- Consider donating speaker CDs if the facility allows.
- The facility can print most literature free of charge.

Advantages to recruit Online Volunteers

- No travel
- Less hours
- One panel can reach multiple segregated cell blocks.
  Even multiple prisons!
- May be handicapped or have mobility issues.
- Can be from outside the Area if the facility permits.

NA e-literature on prison tablets

- Several prison systems are now using tablets for mail and books
- GTL and JPay are most common
- Working with the tablet provider, NAWS, and the prison system has allowed us to provide eliterature to the inmates for free. This is happening in Arizona, Ohio, Florida, and more.
- eLiterature provided:
  - Staying Clean on the Outside
  - Behind the Walls
  - NA White Booklet
  - The Triangle of Self-Obsession
  - Self Acceptance
- The prisons already had the tablets in place. The tablet provider needed official approval from NAWS to provide copyright material which was gladly given for free.
- Some places are also using tablets for Steps/Sponsorship Behind the Walls

Another approach: Reentry Programs

- This is often missed and should have a PR/H&I conversation regardless of the state of online or physical meetings.
- Very useful to do while working on getting permission for meetings and it makes use of people who are not cleared but want to help.
- Most facilities have a reentry program. Contact the Reentry manager and do a joint NA PR/H&I presentation to them. The goal is to get the facility to go to the local and world NA websites and print off meeting schedules and possibly other NA materials such as IPs to be given to people being released. This includes prisons, jails, and treatment centers.
  - Material should include meeting schedules, hotline numbers, and for the time being, instructions to get online and also phone only meetings. May need to update frequently.
  - In the case of prisons, this may require working with the facility IT personnel to allow access to the NA website.

Follow-up

- In order to form relationships with Volunteer Coordinators, Re-entry managers, wardens, etc., <u>it's necessary to follow up</u>
- Every 3-6 months email, call, or visit these people and get feedback.
  - Do they need a PR refresher?
  - Any new rules or regulations?
  - Introduce yourself to any new personnel
  - New PR or H&I chairpersons need to introduce themselves

It’s Happening Now!

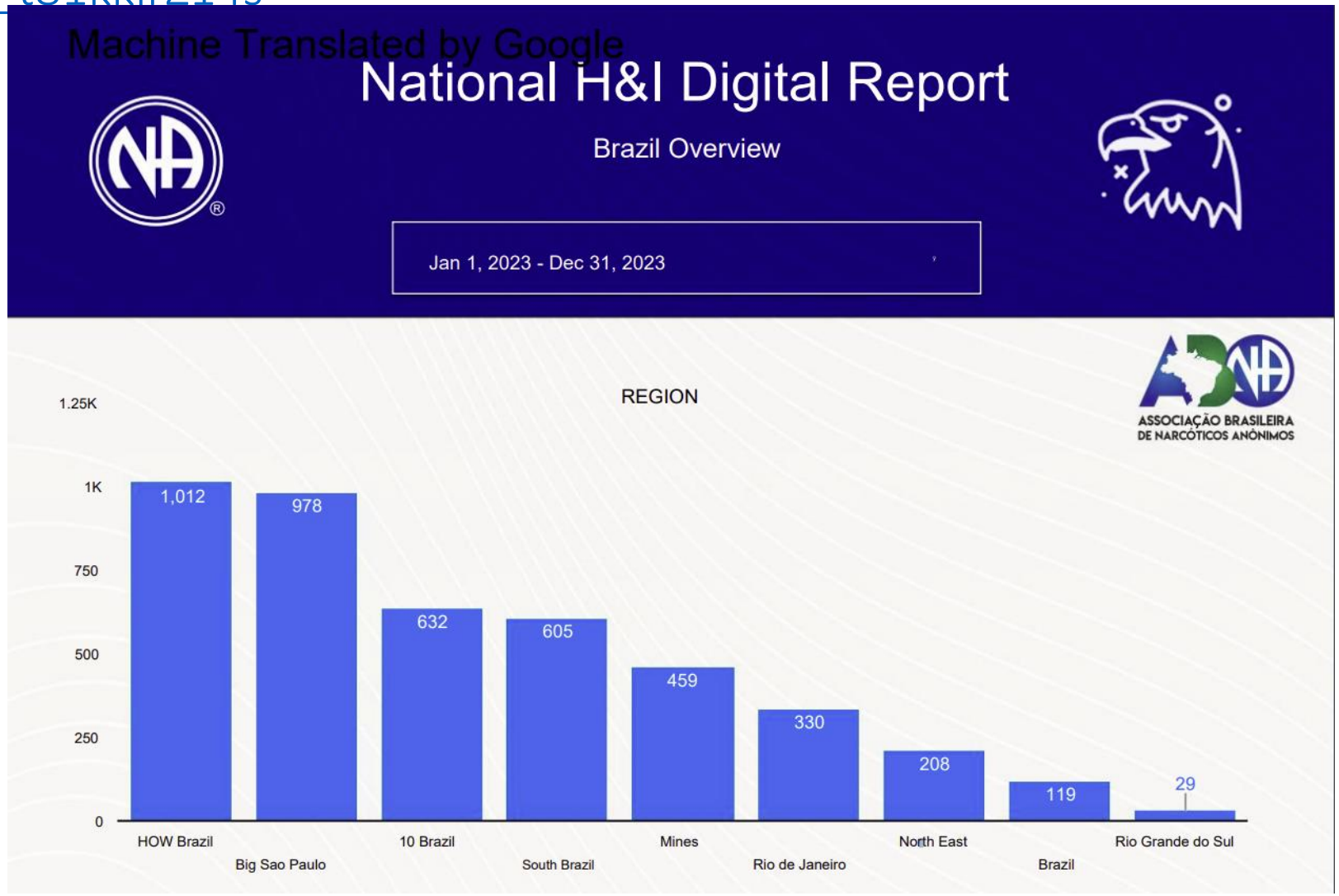
- Crisis also means opportunity!
- New Mexico has many H&I panels in jails and prisons weekly. Multiple prisons are attending the same meeting. More prisons are in process now. We are expanding. 3 women volunteers handle all the women’s prisons in the state in one meeting.
- Australia and Brazil have already gone online and expect to stay that way.
- Many prisons in Mexico have gone online in 2020. Over 52 prisons meet a week with only a dozen volunteers!
- Mexico and Brazil are doing joint international H&I panels with translators. 10+ prisons at once!
- **Carry the message online!**

Brazil Service H&I data

https://lookerstudio.google.com/reporting/d2857d97-0a87-400a-84e1-a97ffc69e826/page/VlSoC?s=t81kkirZ14s

NA in Brazil has a lot of H&I both online and in person

They track each meeting in a database



Brazil Service tracking their progress to Carry the Message

Detailed statistics are kept

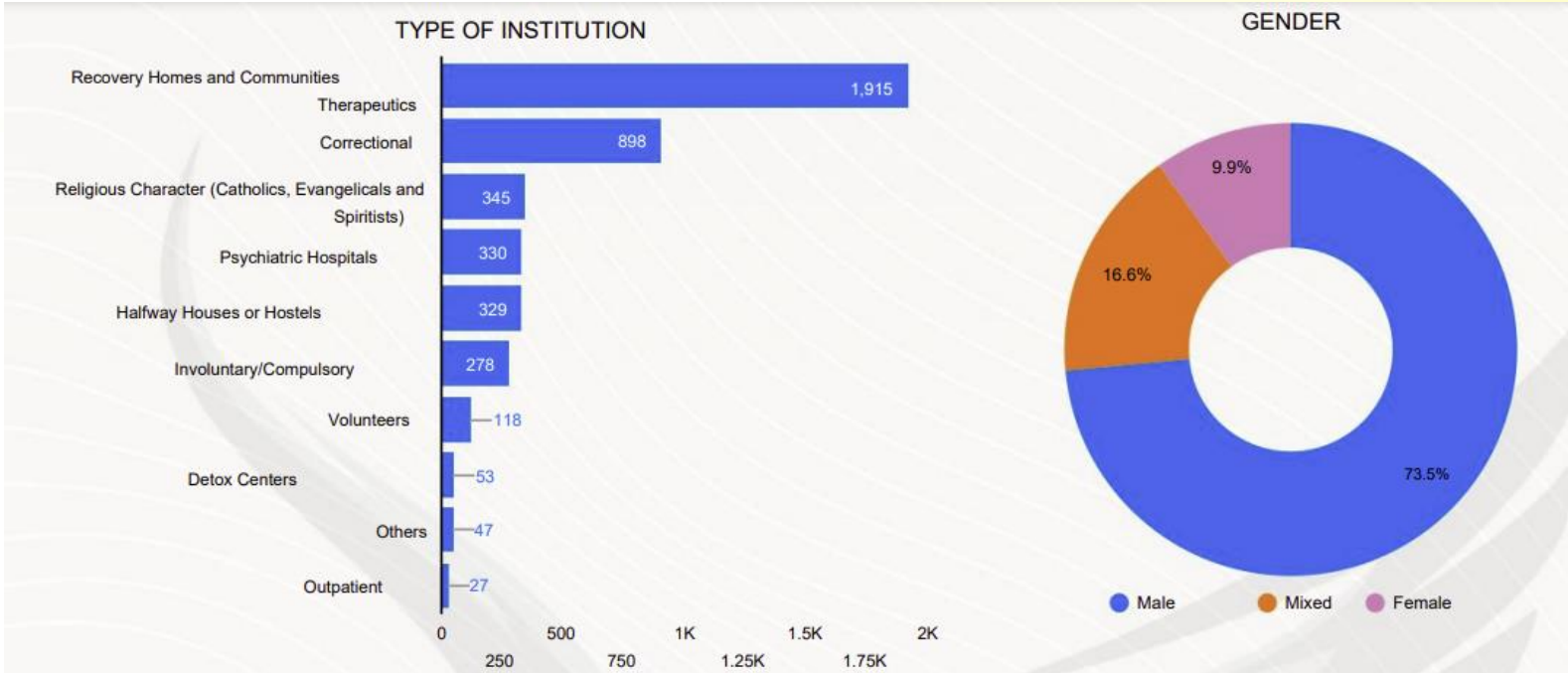
- Type of facility
- Number of panel meetings
- Number of people in the meeting
- Number of newcomers
- Amount of literature given

Provides information such as:

- Cost per person
- Average people per panel

Data is broken down by Region

Most prisons are in the jungle a long way from urban areas so online works



Total Panels 4,373	Number of 1st Time Residents 19,806	Total Number of Residents 98,203
Transfer Value R$ 112,103.27	Number of Speakers (NA Servers) 9,404	Number of Listeners (NA Servers) 1,352
Message value for each Resident R$ 1.14	Average Residents per Panel 22.46	Average number of 1st time residents per panel 4.53

Brazil Service – Look at what can be done!

Data is presented to government and professional organizations.

	City	Quantity…
1.	São Paulo	447
two.	Rio de Janeiro	204
3.	Campo Grande	147
4.	Ribeirão Preto	121
5.	Curitiba	111
6.	Limeira	95
7.	Piraquara	75
8.	Belo Horizonte	70
9.	Osasco	69
10.	Caraguatatuba	63

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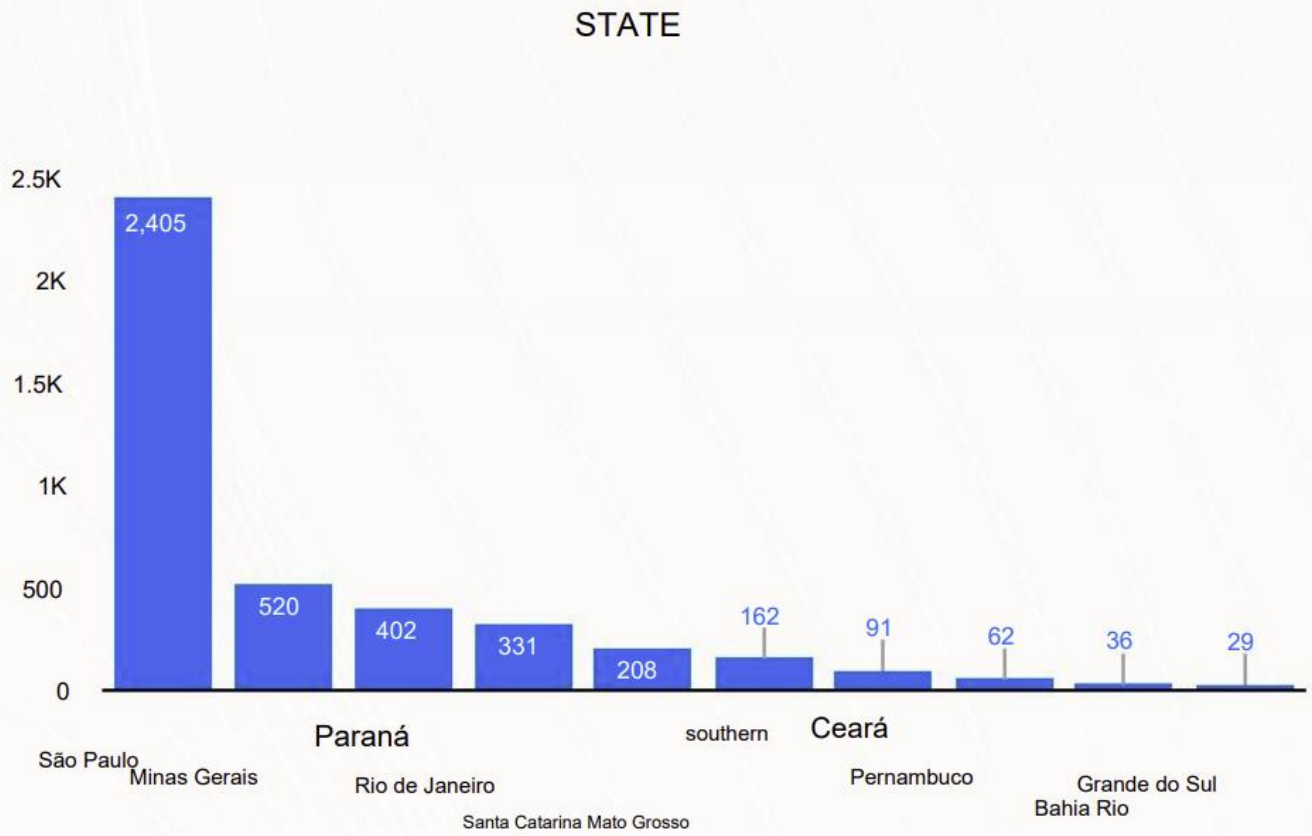
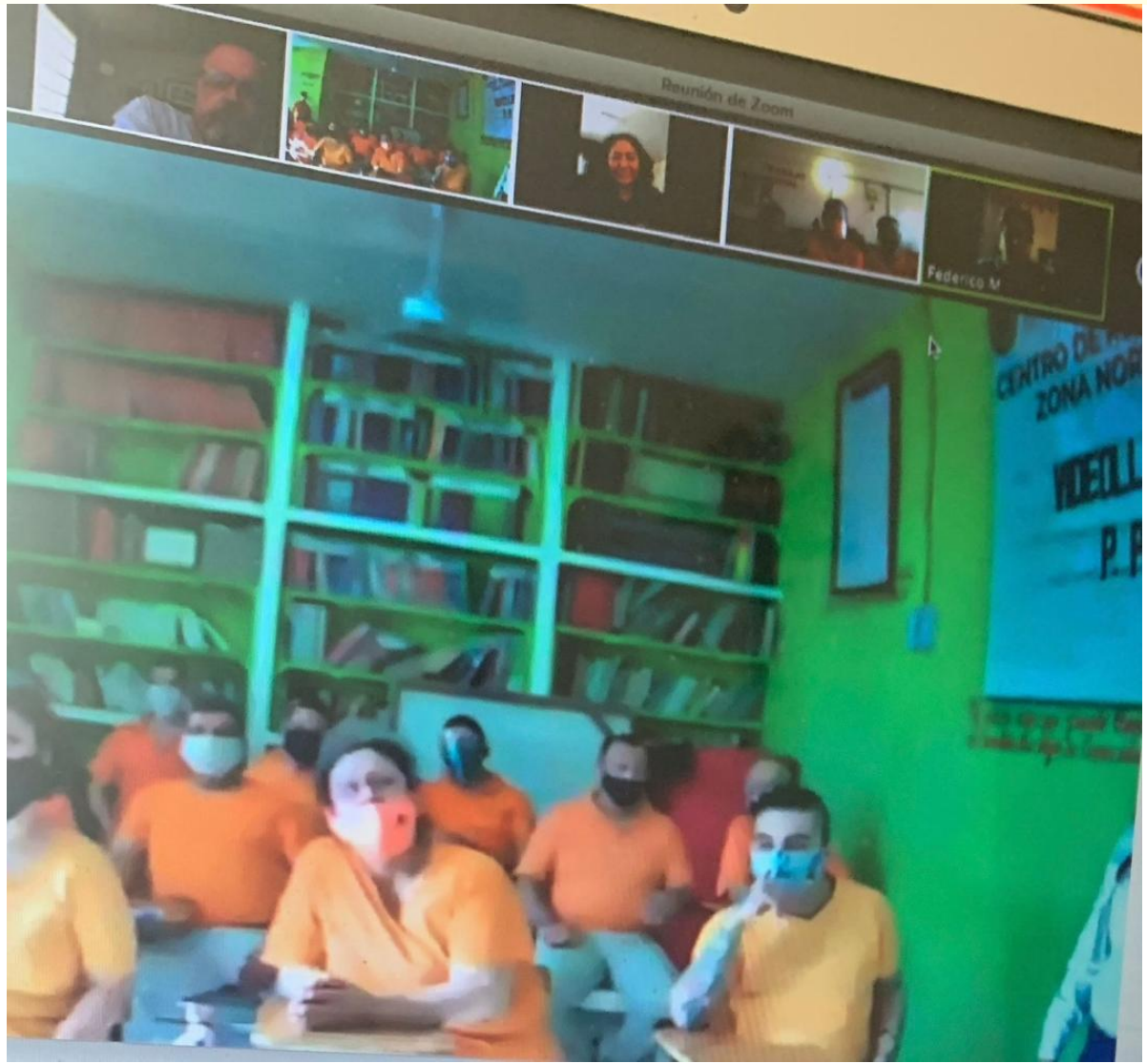


What does an NA Online H&I panel Meeting look like

H&I Panel meetings in Latin America This is done by the Multinational Virtual Panel

NA Online H&I

The Multinational Virtual Panel hosts several meetings a week in Latin American Countries from Mexico to Chile.

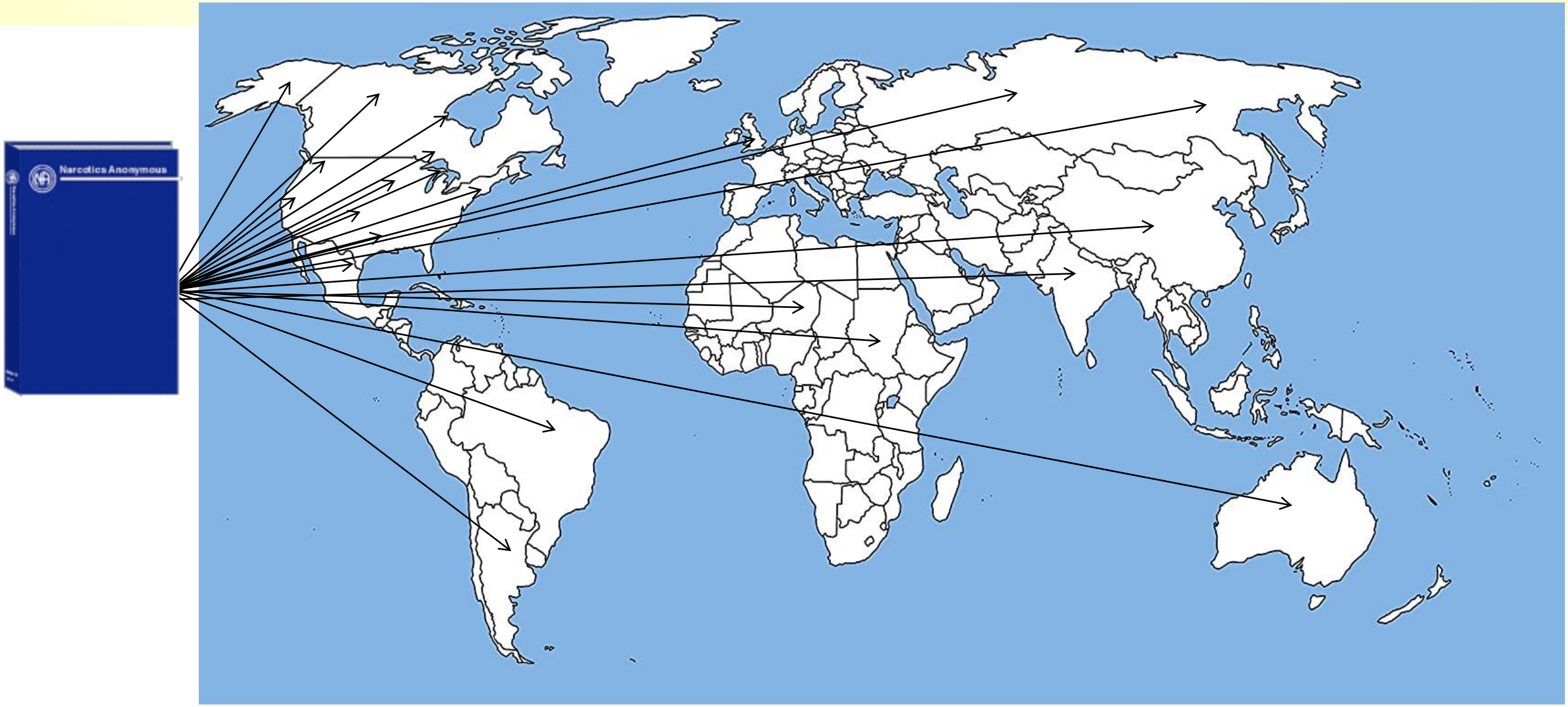


Doing more service with less resources

7-9 volunteers reach 52 prisons a week.

This is how to do more to carry the message with fewer volunteers

A Vison of Carrying the Message of Narcotics Anonymous. Narcotics Anonymous should be a household name.



Service Positions are Open!

H&I NEEDS YOU !!!

Resources Available

World Services

Narcotics Anonymous World Services, Inc.
PO Box 9999 – Van Nuys, CA 91409
USA Tel. +1/818.773.9999 Fax +1/818. 700.0700
Website: www.na.org

Western States Zonal Forum –

Service Resources! www.WSZF.org email: info@wszf.org

Tom K. -New Mexico

Contact tom@tomkondo.com (408) 857-3438

Jeff W. – Southern CA

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