



ARIZONA REGIONAL SERVICE COMMITTEE
P.O. BOX 1351
PHOENIX, ARIZONA 85001

REGIONAL DELEGATE
T 602-435-5747
rd@az-na.org

February 22, 2013
Trusted Servants,

Arizona Region currently holds 437 meetings weekly. We currently have 10 active ASCs. 6 of these have 25 or less meetings a week. One Area (Southwest) with only 14 meetings manages to host a binational convention every year for the last four years, called Mexico Arizona California Convention of Narcotics Anonymous (MACCNA).

Our Regional service structure is a combination of the structure outlined in the Guide to Local Service, and the old Temporary Working Guide. We use all of the current names for Regional servants, however our voting membership still only allows 1 vote per Area represented. Our second RCM per Area is still treated vote wise like the ASR alternate used to be. Our Regional Subcommittee Chairs are allowed to make and debate proposals but have no vote on proposals.

We use a modified form of consensus based decision making. If a resolution fails to be resolved (is blocked repeatedly) it may be brought to a 2/3rds vote to pass or kill the issue.

To expedite business, we hold a RCM forum for 1 full hour prior to the formal Regional Service Committee meeting. This body uses a more pure form of consensus and includes all RCMs present in the decision making process. Most of our resolutions are hammered out here before they reach the floor of the RSC. We take as long as necessary to hammer out an issue over many meetings. Officers and Subcommittee Chairs are only allowed by invitation of the RCMs.

We have and maintain a Regional Corporation that has 11 directors, usually all positions are filled. The BOD maintains insurance for all meetings listed on our meeting directory. Our BOD also selects and presents hotel/resort sites for our Regional convention ARCNA held usually on Memorial Day weekend. The BOD also negotiates and signs all legal contracts for all Regional bodies. The BOD CFO and RSC Treasurers are currently working on the development of a Regional Finance Committee consisting of Treasurers from all levels of service that handle funds at a committee level. It is hoped that this body will be able to audit and standardize our record keeping and fund flow. We also hope this will mentor new treasurers into the next level of service. The BOD, RD and RDA serve as a Regional Policy Committee When guidelines need rewritten or amended.

All of our Areas hold Trusted Servants Learning Days at least annually. One of our Areas holds theirs in the local detox center, and uses it as an introduction to NA as well as a TSLD. This has been great for the growth in this Area as well as strengthening the ties between us and those who bring addicts to us. This hasn't been without difficulty, because of some implied affiliation issues. But most of these are just growing pains.

Our Regional PR is very active and is in direct communication with our Area PR committees almost constantly. They are currently working on a webpage that will be the face of our Region to the general public and professional community. Discussion is still being held as to where or if it will be connected to our Regional website. Our South Central Area is working with the Sheriffs Department to put meeting directories and copies of Am I an Addict in all narcotics patrol cars, they have had great success with this. They have also been providing Basic Texts to 2 drug court programs. South Central is one of our Areas with less than 25 meetings. Regional PR and H&I have both been very supportive here. Our Regional H&I has been very active with Sponsorship Behind the Walls. The committee is expanding rapidly and coordinating with the Areas to a greater degree than ever before. Our focus Regionally has been on utilizing resources available to us in the more populated Areas in the rural Areas.

Another task completed this year was a major change to the way we accept Group votes on things like the Conference Agenda motions, resolutions and straw polls. Previously we only allowed GSRs present to vote on any issue before the Assembly. Now any registered Group may vote by ballot in absentia. A registered Group is any

Group in Arizona with a Group code in the NAWS database, or on our Regional Meeting Directory or registered in their Area. The ballots will be numbered with the Groups code. and in the case where we get more than one ballot per Group we will make every reasonable effort to find out which is the valid one. Although we are afraid we are making it easier for GSRs not to attend the Regional Assembly. We feel we are enfranchising more Groups with the opportunity to vote. If a Group votes by mail in ballot, but then chooses to attend the Assembly halfway through we have established that we will go with the balloted votes on items already voted and they may vote live on all other remaining items. We also established, any item that requires a 2/3rds vote on the Conference floor also requires a 2/3rds vote by the Regional Assembly. We've established a 4 tiered vote: Yes, Yes if these Qualifications are met. Vote of Confidence, No. Along with this new voting process we are working on creating email addresses for each of our registered Groups through our Regional website. our plan is to use the NAWS Group code to identify the Group. We will be asking that it be connected to a regular Group Member hopefully the GSR but not necessarily. The point is to have a conduit to inform the Group.

Our Regional Website Committee along with our BOD, Convention Committee and Regional Chair have created a Regional Pay Pal portal, for the purpose of Accepting Regional and Area Donations from the Groups, also for on line registrations for ARCNA. We also named the button 7th tradition so the general public won't be encouraged to donate or even find it. The hope with online contributions is to bypass the potential fund flow disruptions inherent in a possible future change to our service structure.

Our Regional Literature Review Committee has started work on the Traditions Book. We have held one workshop at the South West Areas Trusted Servants Learning Day. We had 32 addicts in attendance. We will be having another workshop on this material at our next Regional Assembly in April.

At our last Regional Assembly we covered the Group Service IDT we also added material from the Guide to Local Service, It Works How and Why, and the Basic Text. along with page numbers for all of the quotes. The GSRs loved this, it seemed to help legitimize the material. We also had each of the Regional Committees give an overview of their projects for the coming year. The PR Chair used some of her time to explain how PR functions at the Regional and Area level.

On the SSP our Region is divided, and not just down the middle. Some like this part, some like that one, some don't like anything at all, some love it, and some are just confused as to why we need it at all. Presenting the material is like trying to train a great white shark with a bloody steak from a surfboard. No seriously.

Our Region is dynamic and growing, we have all of the normal growing pains, but as Jimmy used to say. If just one addict stays clean from hearing our message it will all have been worth it.

Yours in service,

Jim B. ARSC/RD Ken F. ARSC/RDA

Arizona Regional Assembly

April 27, 2013

From 9:00 am to 5:00 pm
United Methodist Church
1515 North Trekell Rd.,
Casa Grande, Az 85122

Projects updates
Arizona Regional B.O.D Election

GSR's and RCM's are suggested to
attend

Potluck Lunch

Contacts

Jim B. RD@Arizona-NA.ORG

Ken F. RDA@Arizona-NA.ORG

Deb G. SouthCentralRCM1@Arizona-NA.ORG

Cindy B. SouthCentralRCM2@Arizona-NA.ORG

Central California Region of Narcotics Anonymous Western States Zonal Form Report February 2013

CCRNA RSC meets the 3rd Sunday of every odd numbered month at 272 N. Olive St. Ventura, CA

CCRNA is made up of five areas with approximately 331 meetings a week.

County Line Area: approximately 26 meetings a week in the following communities;

Simi Valley, Moorpark, Thousand Oaks, Westlake Village, Newberry Park (Southeastern Ventura County & Westlake Village is in Los Angeles County)

Services provided by the area include: Monthly ASC, Literature, Activities, Public Relation, Website and Helpline

Gold Coast Area: approximately 54 meetings a week

Ventura, Oxnard, Camarillo, Santa Paula, Ojai (Southwestern Ventura County)

Services provided by the area include: Monthly ASC, Literature, Activities, Public Information, Website, H&I, and Helpline

Kern County Area: approximately 105 meetings a week

Bakersfield, Tehachapi, Taft, Wasco, Delano, Lamont, McFarland, Maricopa and Lake Isabella (All of Kern County except 4 of the most eastern towns of Mojave, California City, Ridgecrest and Rosamond)

Services provided by the area include: Monthly ASC, Literature, Activities, Public Relations, Website, H&I, Helpline

Kern County is participating in the field test of the SSP implementing the GSU & LSU according to the SSP draft.

Central Coast Area: approximately 129 meetings a week

Arroyo Grande, Atascadero, Grover Beach, Lockwood, Lompoc, Morro Bay, Paso Robles, Orcutt, Pismo, San Louis Obispo, Santa Maria, Solvang, San Miguel (Northern Santa Barbara and All of San Luis Obispo County)

Services provided by the area include: Monthly ASC, Literature, Activities, Public Information, Website, H&I, and Helpline

Santa Barbara - approximately 17 meetings a week

Santa Barbara, Santa Ynes (Southern Santa Barbara County)

Services provided by the area include: Monthly ASC, Literature, Activities, Public Relations, Website, H&I, and Helpline

REGIONAL SUBCOMMITTEES

CCC&E INC.

The CCC&E Inc. oversees the functions of Central California Region Convention. The members include regional service members, current and past convention committee members. The CCC&E has gone through some reorganization, where it had board members overseeing subcommittee chairs now the board members act as chairs. This was to prevent overlap of responsibilities and to be more prudent with resources. February 22th-24th CCRNA will be enjoying it's 21th Convention. At this year's convention we will have to workshops. One will be on the Tradition Book Project and the other will be SSP 101 and Q&A.

Sponsorship Behind The Wall

Sponsorship Behind The Walls in CCRNA continues to sponsor several inmates and the committee has doubled in size.

H&I

Regional H&I meet once a quarter, rotating their meeting throughout the region. We have 186 panels into 46 facilities in CCRNA.

Region Updates**Regional Assembly**

CCRNA will have our Regional Assembly on March 16th. The topics and workshops will be; Service Systems Updates, Traditions Book Workshop, Collaboration, 3rd Tradition. CBDM. We will also have our elections for the RD team.

Regional Scan

CCRNA is in the middle of an scan; at our next RSC we will be processing our results.

Regional Services

Our region provides our area's with insurance coverage. We maintain a regional website. We continue to provide RCM training on current conference topics so our areas will stay informed and up to date.

RD's Comments

CCRNA would like to explore with the other Regions and with WB representation as to the continued function of the WSZF, to look at various avenues to how the zone can move closer to the ideals of the SNP. CCRNA supports to open discussions with other California Regions as to moving to a State Service Body. CCRNA would like to offer a bid to host WSZF 2014.

RD Rex J 661-477-2685 rex.r@att.net

AD Mike H 661-305-4367 mmyhart@hotmail.com



California Mid-State Region
P.O. Box 26105
Fresno, CA 93729-6105
www.calmidstatena.org

Date: February 22, 2013

To: CMSRSC Report to Western States Zonal Forum 2013

Greetings:

The California Mid-State Region of Narcotics Anonymous is located in the heart of the Great Central Valley of California. The Region runs from Galt in the north (south of Sacramento) to Porterville in the south (north of Bakersfield) and from the Gold Rush towns of the Sierras in the east to the edge of the Coastal Range in the west. Our Region is comprised of approximately four hundred (400) regular weekly meetings, in eight Areas which include a variety of living environments ranging from the rural, small towns to several major metropolitan areas.

We have nine (9) state prisons and two (2) Federal facilities located within our Regional boundaries. This creates a challenge in maintaining an adequate volunteer pool to service each of these locations. We continue to work with the staff to encourage more applicants for entry clearance. We had a presentation from two Federal Reentry Coordinators earlier today, providing volunteer clearance information to the attendees. We are also working to provide an effective “*Sponsorship Behind the Walls*” letter communication system. One of our Areas started the ball rolling, was promptly inundated with almost two hundred (200) requests, found they could not meet all of these requests with twenty-six volunteers and requested Regional assistance. An ad hoc Committee is scheduled prior to the March CMSRSC meeting to seek solutions and volunteers.

California Mid-State Regional Service Committee, (CMSRSC), meets monthly on a rotating meeting location schedule. First month we meet in Fresno, second month in Merced and the third month is what we call “Region on the Road” where different Area Service Committees volunteer to host the CMSRSC meeting, sometimes in conjunction with a special Area event, such as a holiday dinner / dance. This allows members that may have an interest in Regional service to get a view of what actually is happening at the CMSRSC meeting. The cycle repeats itself throughout the year, allowing for four (4) different Areas to host the CMSRSC meeting.

The CMSRSC provides a Regional Insurance Policy to cover recovery meetings, special Area & Regional events, a bi-ennial convention and other not-regular recovery meeting events, (like this meeting). The cost to each Area is determined by the number of recovery meetings, not the number of special events. Events over five hundred (500) attendees or contact sports events may trigger an additional charge.

CMSRSC continues to engage in a long-term project to better understand our organizational and tax filing obligations. We have a professional relationship with a CPA to assist with our income tax filing requirements to maintain our 501 (c) 3 status. We have only had to pay Federal and State filing fees since our not-for-profit status was recognized in 2008. We also had California State Sales Tax due from convention merchandise sales.

Our budget for 2012 – 2013 cycle includes one (1) Regional Assembly, hosting the WSZF 2013, one (1) TBD NAWS Workshop and travel to each of the Area Service Committee meetings within our Region.

CMSRSCNA XIII is scheduled for June 2014, in Modesto, California, but we have encountered some challenges in our contract negotiations with the Doubletree Hotel in Modesto. We continue to try to work into the solution, but, we are investigating alternative locations.

We are grateful to have been chosen to host the WSZF for the first time. Thank you all for being here.

Yours in Service,

Clif Givens
RD – CMSR
209.450.6772

Julie Raines
AD – CMSR
209.768.5450



Southern California Region
WSZF REPORT February 2013

This past year we had two new areas join our Region to bring the total of areas in our region to 22. Our region has approximately 1135 English speaking meetings, 250 Spanish Speaking meetings, 2 American Sign Language, 6 Armenian, 4 Farsi, and 1 Hebrew, throughout its 22 areas.

Our Region meets every month on the third Sunday. We still have standing committees that provide direct services on behalf of the Areas of our Region.

The Southern California Region was awarded the opportunity to host the WSLD in 2013. Our WSLD committee is busy with the planning process. Information and online registration are now available at www.wsld.org; click on the link for WSLD 27.

Regional Service Office (RSO): Our RSO is maintaining itself. They are still below their prudent reserve but are working on operating more efficiently. They are finalizing their project for launching an online store front. The RSO carries insurance for all of the meetings listed in our Regional Directory as well all events within the Region.

Activities Committee: The Activities Committee puts on 3 major events per year: The NA Birthday, New Years Eve and the Regional Campout. They also help with the H&I Learning Day, the Regional Assembly Workshop, and the Young Peoples Unity Day. They help out the 22 areas with their events by providing a calendar the areas can have regional dates to help reduce the area events from conflicting with other areas' regional events whenever possible. They post all areas events whether they are a regional or area events on the regional website.

Hospitals and Institutions: All 22 areas including the Spanish Speaking area attend or send a report to the monthly H&I subcommittee meeting. The region carries 55 panels that go into Institutions within our Region that would be difficult for the Areas to facilitate. The 20 areas, including the Spanish Speaking Area, carry approximately 586 panels. The subcommittee holds an annual Learning Day on the second Saturday of May.

Literature Review: We currently have no Literature Review committee, but held the first meeting of our Traditions Book workgroup last week and intend to continue to meet the 3rd Saturday of each month at 10:00 am at our RSO. We'd love to have you join us.

Convention Committee: The Convention committee has begun getting ready for this years' convention and it will be Thanksgiving weekend at the Ontario Doubletree. The theme is "Stepping into the Light" and they are presently accepting speaker submissions up until June 1, 2013.

Cruise Committee: The Cruise Committee will be going to the Caribbean next year from April 6th-13th, 2014. The theme is "The Journey Continues" and cabins start at \$932.

Sponsorship Behind The Walls: The SBTW committee is very busy with requests from inmates who wish to find recovery. They have 28 Sponsors and 70 assigned Sponsees. There are also 5 active Area Subcommittees. The areas are helping to lighten the load for the Regional Committee.

Youth Committee: The Youth Committee is doing well and is busy planning their upcoming Unity Day called "Clean Not Dead".

Public Information Committee: The subcommittee continues to reach out and inform the community about Narcotics Anonymous. This is also the committee that coordinates the facilitation of requests for presentations that are forwarded to us from the WSO. They also continue in their efforts to do presentations, booth sittings, and community literature distribution. They also co-host a meeting every 4 months called "Service Works", at which they provide food and spend their time doing PI training sessions.

Phonelines Committee: Phonelines are currently operating a 24 hours a day, 7 days a week 1-800-Today NA number with live addicts answering the phones. They are able to do this by having Area help lines man individual days. The Spanish speaking area is helping the region with the Spanish speaking hotline, 1-800-NAAHORA. This year our Phonelines moved to an internet based phone service that has significantly reduced our costs. Phonelines also participates in Service Works.

Website Committee: The Website committee holds their meetings on Skype. The website committee is still hosting the WSZF website on our server. To contact them for updating or adding content to the site e-mail them at website@todayna.org. In December of 2012 our website had 5,092 unique visitors that accounted for 10,049 visits to 27,743 pages for a total of 2.34 gb of bandwidth. Website also participates in Service Works.

Much of this information and much more is available at todayna.org.

In Service,

Deb W. and Art A.

RD Team, Southern California



Northern California Regional Report

Greetings,

First things first, I would like to welcome Michelle Simmons, our Regions ARD. We now are seven months into our first term as the RD/ARD team.

Our Region meets every other month now, it has been hard for some areas and easy for others. On the off months we find ourselves doing a lot of Fellowship Development in the areas that request them and NA 101 Services Jams.

In our traveling to different areas Michelle and I discovered that most of the fellowship in our Region were having a hard time with some of our presentations and ppt. We were challenged by members who did not understand or the presentations were too complicated for them, we observed boredom and lack of participation, so we decided to simplify everything, changed some of the wording and scaled down the presentation. Our first presentation was a Collaboration presentation that was very simple, we noticed that the RSC participation was just about 100% and everyone enjoyed, collaborated in small groups and came together in the large group. So that was a first for us. We have taken Collaboration on the road. The second was the Traditions PPT, which we pretty much left alone, but changed the handouts once again, good participation.

We seated a new area Middle Mountain, which was a split from 916 North, and Humboldt/ Del Norte split, Del Norte joined Pacific Cascade Region. We now have 23 Areas, Mendocino who had no presentation for many months rejoined us.

We have been concentrating on the Rural Areas in the North, as we realized that they have been struggling, so we made our first trip last month, and next month will be Bridging the Gap for all of the northern areas. Our hope is to start working on the GSU and LSU in those areas. We also have some groups in Southern part of our Region who are thinking about splitting. We will be assisting them with their needs.

We were fortunate enough to have our Region send us to the Florida Symposium, which is a first for our Area, and if all goes well maybe not our last.

Looking forward to serving our Region to the fullest.

Respectfully submitted

Traci P RD and Michelle S ARD

REGION 51
WSZF REPORT 2013

Our region has approximately 230-250 meetings, including Spanish Speaking meetings throughout our six areas in Southern Nevada, Southern Utah, and West Arizona. Our Region meets every other month on the third Sunday. We still have standing committees that provide direct services on behalf of the Areas of our Region. Our RD team continues to utilize a bi-monthly report to the region that summarizes NAWs News, NA Way Magazine, World Board reports, and Western States Zonal Forum. The goal is to increase communication throughout the levels of service reaching the individual group member. We continue to work to that end with much hope.

Service System: The RD Team brings back & implements what they have learned from WSO. Two Areas have asked to have us come and help them implement and try the GSU. Although at the last Regional Assembly it was beyond consensus that our Region was not in favor of the new Service System. We continue to try and bring back as much information as we can. We hold workshops when asked.

Hospitals and Institutions (H&I): The Region 51 Hospitals and Institutions Subcommittee exist to carry the message of recovery from addiction to facilities whose residents are restricted from full access to regular Narcotics Anonymous meetings. Currently Region 51 supports 29 H&I meetings in 19 facilities across Region 51 of Narcotics Anonymous. Region 51 Hospitals and Institutions Subcommittee meets the first Saturday of the month.

Public Information (PI): The subcommittee continues to reach out and inform the community about Narcotics Anonymous. This is also the committee that coordinates the facilitation of requests for presentations that are forwarded to us from the WSO. They also continue in their efforts to do presentations, booth sittings, and community literature distribution. The Region 51 Public Relations / Public Information Subcommittee meets monthly. On even months the subcommittee meets on the third Saturday of the month, on odd months the subcommittee meets before the Regional meeting.

Regional Activities: The regional activities committee typically puts on 3 major events per year. Unity Day Picnic, The Day Of The Dinosaur, and New Year's Eve Event. The 10th Annual "Dopes On Slopes" will be March 1-3, 2013 at Brianhead, Utah.

Phone lines (PL): Phone lines are currently operating a 24 hours a day, 7 days a week. 888-495-3222, with English & Spanish speaking options.

Website: www.region51na.org

Literature: Literature is distributed through the Areas.

Regional Convention: The Convention committee has begun getting ready for this years convention and it will be October 4 - 6, 2013 at the Orleans Hotel & Casino. The Convention Committee continues to have "Awareness Events" to help fund this Convention. The Southern Utah Area will hold their Convention June 28 - 30 in St. George, Utah. The C.A.N. Area will have their Convention July 19 - 21 in Laughlin, NV.

Ira Z.
Regional Delegate
Region 51

Lisa S.
Regional Delegate Alternate
Region 51

RGRSC Feb 2013 Report

Freddy O and Nate G

The makeup of our region continues to be 6 areas, including El Paso, TX Area, and 4 Corners Area which is partly made up of Durango Co. We are at around 190 meetings a week for the entire region.

Our H&I resource position is still filled, and reports that we attended the Department of Corrections 12 step quarterly meeting on Dec 7th, and it is apparent new relations need to be developed with key people in corrections. With the new Behavioral Health Bureaus replacing Addiction Services, many of our contacts are either no longer with Corrections or have moved to other departments. Redevelopment of one-time annual speakers at our regional convention are slowly progressing.

Our annual convention will be held Mar 14-17, 2013 in El Paso. Our convention corporation is having new adventures with insurance as it was asked to provide insurance for a wrestling event, and an area activity event. This also raised some questions about how our trusted servants on the Regional Convention Corp. were protected.

Our region accomplished setting up a hosted PBX system for use by all of our areas, prompting interesting discussions about fund flow, since the region will be 'funding' the phone line, and areas will be hopefully sending their new surplus to region to support it. We are also now publishing a regional schedule for distribution especially to hospitals and institutions with potential members who are released from one city and returning to another.

We are happy to report we have elected a new and capable webservant.

We are midstream in a planning process using planning basics for the second year in a row. Seems like external scanning is most challenging part of this process.

One RCM brought up a discussion regarding the value of funding our regional trusted servants (including the delegate team) to events such as the WSLD or the WSZF. There was much discussion offline and in session at region. It was good to reflect and shift the focus to what specifically our region is asking for. We recently performed Traditions working guide workshop after Region and a Group Conscience IDT workshop in the Albuquerque Area. We felt Group Conscience was particularly relevant to discuss after the experience of deciding to be or not to be a test site for the SSP. Since that time the GAASC has completed an inventory from the APT, and likely will follow through with some form of additional scanning and planning. The gist of the result was that many members are in support of the ideas in the 3rd draft in one form or another, or with some changes, but the area voted not to accept the invitation for the most part because of the timeline required to participate. Just being in the question itself put our area in a workshop of its own which stretched our ideas about group conscience, our traditions, trust in the WSO, and revealed much about how we communicate with each other.

Love,

Freddy and Nate

Sierra Sage Region Report to the WSZF

February 22, 2013

The Sierra Sage Region stretches from Truckee/South Lake Tahoe in the West to Elko Nevada in the East and from Susanville, CA in the North to Tonopah, NV in the South. Geographically it consists of the high desert Plateau on the eastern side of the Sierra Nevada Mountain Range. I has a distinctly rural demographic with Reno, NV being the largest city in the region. There are 137 meetings on the schedule in the Region. This is apparently a decrease of 17 since the last report I gave. The Sierra Sage Region consist of 6 areas: BLAW (Biggest Little Area in the World) focused around Reno, NLT (Truckee/North Tahoe Basin Area), SLT (South Tahoe Basin Area), GOVA (Greater Owens Valley Area)—Northeastern California, the Capital Area—focused around Carson City and the Rural Nevada Area (RNA).

The big event, that our region focuses a lot of energy on every year, is the Regional Convention. We are fortunate to have a lot of experience embodied in the convention guidelines, and in active members of the fellowship who have served on the convention committee. The marketing and production of the convention gets a little more sophisticated every year. This year's 2013 convention will be held November 1, 2 and 3rd at the Grand Sierra Resort in Reno, NV. This year's theme is "Living the Dream". The income from the Regional Convention and it's funding activities has become a significant source of funding for the Regional Service Office, the Regional Service Committee and a significant contributor to Narcotics Anonymous World Services. Although, there are social activities sponsored by the areas, the fund raising activities planned and sponsored by the Convention Committee have become a significant part of the NA social activity in the area.

Although, I proposed starting to hold Issue Discussion Topic Meetings for the 2014 Conference in the fall, there was not much enthusiasm. I'm going to make another go at it now that spring has come and travel conditions have improved. It may seem a little early to declare that "spring" is in the air, but it sure seems that it has come early to the region. It has been unseasonably warm and dry. Weekly practices for the annual NA "Softball Wars" have begun. There are over 20 participants in my particular Reno based team.

The region continues to provide H & I and Public Relations services at the Regional and Area levels. Some facilities (such as the Washoe County Jail) have been a struggle to service because of their rules for participation. We carry on and do what we can, when we can. The "Jane and John Doe" radio interview series and the annual "Entering the Criminal Justice System Coming Out Clean" event (among others) were on going during the last year.

Since my attendance at the last Zonal Forum, I and the Alternate Delegate have been to the 2012 World Service Conference. This was my first World Service Conference and It was both impressive and moving. I voted the Region's will at the conference and it was definitely not the will of the conference. It shouldn't have surprised me. This Region's thinking has generally not been in anybody's mainstream. The last delegate from this region made a statement along the lines of the "World Board Proposes and the rest of the Conference goes along". If that has been the experience of past World Service Conferences, then this one had to go down as the conference where the rest of the fellowship pushed back.

The Sierra Sage Region selected me as delegate at a time in my recovery when I greatly needed the love and support of my fellow addicts. After nearly 33 years of recovery, my second marriage (in my recovery) had become fractured—ongoing for several years now. I am the eldest offspring of two Roman

Catholic parents who are still married after over 55 years. The end of this marriage has been a major upset of my life script. The love and support of the fellowship has been invaluable. My participation in the conference has been *the* defining event of my recovery (up to this point). Whatever I have done for the Sierra Sage Region and Narcotics Anonymous during this time, is far outweighed by what it has done for me. For that I will be eternally grateful to my fellow addicts in recovery.

Oh, and by the way, I will be back for the next one (at least)--LOL.

With Love in Service,

Richard I.

Regional Delegate for the Sierra Sage Region

with plenty of input by James C.

The Alternate Delegate for the Sierra Sage Region

San Diego / Imperial Communities Region 2013 Report to the Western Zonal Forum

Greetings from sunny San Diego where we represent 9 areas and maintain over 600 meetings per week.

Activities: Has always put on the annual New Year's Eve dance, the Mother's Day Spiritual Retreat in Julian, and an annual Desert Campout great for the RV enthusiasts. I

Convention Committee: Our convention this year will be held during Easter weekend, March 29-31 2013, at the Sheraton San Diego Hotel and Marina, 1380 Harbor Drive San Diego CA 92101 .

PR Efforts: We recently had a member move to our region fro N. California region and as a result our Regional P.I. Chair has asked us to gather info from other regions about how they do PR and what structural changes they have made as far the "umbrella" system is concerned.

Behind The Walls: Our committee hs been very effective in answering letters from inmates seeking sponsorship and guidance in working the 12 steps of NA. They are now experiencing a need for more writers than ever and requests for more participants go out every month.

H&I: Efforts remain strong as the areas are coming together to support meetings at over 52 facilities. The last year saw the largest detox in San Diego County moving to a different area and our committees were able to handle the change smoothly and cooperated well.

PI: Has remained mainly a presence in the public eye through the annual Del Mar Fair and other booth opportunities. A few areas have continued to participate in the local PACT meetings for recently released paroles. No follow up on our Tv PSAs haas been reported in the last year.

RSO: we discussed moving or renovating our office this year. It was decided to do some renovations and we are now in that process. Our RSO continue to house our helpline and supply the region with literature.

Phonelines: We still have an "addict to addict" on the phoneline 8 am to 10 pm at our Regional Service Office and use call forwarding overnight. We also have our two northern areas still operating a combined phoneline.

Regional Outreach: Currently is without a chairperson and lacking in attendance of area chairs. The committee has been reaching out to areas to encourage representation on the Regional outreach committee. Regional Outreach continues to take "Addicts on Asphalt" crews to meetings needing a boost throughout the Region.

Youth Committee: Is very supportive in participating with other committees as well as sponsoring their own events. They have created their own meeting list for youth.

Website: Provides a calendar of upcoming events including links to actual flyers. This site also offers Area sites to operate interdependently and an RD Corner to make it easier for the Regional members to find updates on world issues and how our Region is interacting and/ or responding to them or where we need response with direct links to such.

New Literature. We have no Regional Lit Review at this time.

RSC: Received another boost of funds this year from the Convention Committee which is not standard practice in our Region. The funds enabled the Region to recover from dropping below prudent reserve towards the end of the year.

Nila and Pam put on a post-CAR assembly including the IDTs covered this year and Nila was confirmed as RD and Dave Tynes was elected as the new RDA. We have been attending areas and explaining the SSP and offering help to any areas that wish to try out the ideas. We will plan to put on more SSP workshops throughout this coming year.

In loving service, Nila and Dave

Washington Northern Idaho Region

We have 20 Areas consisting of approximately 850 meetings spanning over 74,000 square miles that include Washington State, North Idaho, and a bit of North Eastern Oregon.

We will present 6 RD workshops at our two Annual Conventions between now and May. At our largest convention we have actually been given an extra two hour workshop and are planning on using that for the most up to date information on the service structure and will be using material we receive this weekend and in March at the Florida Service Symposium. We will also be covering the traditions workbook and group conscience. We continue to facilitate many area inventories around our region, utilizing the planning basics. People are struggling to get used to this new format, but most responses have been positive once completed, however the inventory process is taking longer using this format. We are in the middle of a regional inventory using this process as well.

Our region continues to meet quarterly Friday Evening through Saturday, and we combine our RSC and all regional sub committee meetings. Participation at RSC and the subcommittees continues to increase and we now often have a peanut gallery for most of the business portions of our meeting. Our region continues to transition into having a stand alone IT sub committee, that now has it's own budget and admin. They are very excited about the ways that we can use IT to better improve service delivery and communication throughout our very large geographic region. They will be assisting one of our regional conventions with a live hookup to one of the penitentiaries for the Saturday night meeting. They are also able to provide all areas within our region with web page hosting at no additional cost to the areas or the region which will help areas save money.

We have a large deaf population in a portion of our region and the region funded interpretive services as a startup venture, and now have an ongoing budget item for any interpretive services project that might be needed throughout our region for any population.

Our regional H and I committee and interested members are continuing to develop a "sponsorship behind the walls" program for our region. A lot of people are interested in participating on this.

We have had a hugely positive response to the publication of "Living Clean, the Journey Continues" and there are many meetings now using this as their primary topic. Many people who were initially not excited about the project, once they are reading it, are in love with it.

We have two areas that are interested in forming into GSU's and are looking at doing a LSU as well. We continue to provide information and resources to them as they move in this direction. Another area attempted to utilize the GSU format for a portion of their area that is geographically separated, and while interest was initially high, it quickly fell off and they struggled with feeling like they wanted to get into service delivery rather than GSU issues, and attendance dramatically fell off. The Central Washington area's PR committee continues to use a format very similar to the GSU's with it's work, due to their large sparsely populated geographic area, with much success and increased public access to Narcotics Anonymous with local members rather than trying to have someone across the state address a small town's needs.

Our Conventions and Events committee and our region have worked to surpass a difficult period of us vs them mentality which was causing much strife in our region, and with an outside mediator assisting the committee for the past two quarters, communication has increased and there is much more unity between these two bodies than in the past several years. Our regional convention this past year was held in a very small area of our region and still had a very successful event that had excess funds to turn over. Our largest regional event in March last year was it's usual success although with a much smaller \$ of excess funds due to having a lot of excess merchandise. The PNW convention in October that rotates between four region's, was held in Bellevue Washington and was a huge success with several thousand dollars of excess funds being sent to each of the four regions as well as directly to NAWS. We do not appear to be having attendance issues at these events although people do appear to be spending less while at the events.

RD Team:

Julia Reed-Voldal, RD jrservicejunkie@yahoo.com

Nick Schoolcraft, RDA nickschoolcraft@gmail.com